

# SOFT SHEPHERD PIE

## INGREDIENTS

1 package of “meatless” ground meat of 340g  
1/4 cup water  
1/2 tbsp oil  
1/2 tbsp soy sauce  
1 can of creamed corn of 400 ml  
5 potatoes  
1/2 cup of milk  
1 tbsp Butter or margarine  
1/4 tsp garlic powder  
1/4 tsp onion powder

## PREPARATION

1. Peel the potatoes and cut them into cubes. Boil a pot of water. Cook the potatoes until soft to make a mash. Mash the potatoes and add the milk, butter, garlic and onion powder.
2. Meanwhile, brown the meatless in a pan with the water. Add oil to prevent sticking.
3. In a saucepan, heat the creamed corn over low heat.

Assembly: Place the meatless in a square dish. Add a layer of corn and spread the mashed potatoes on top.

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